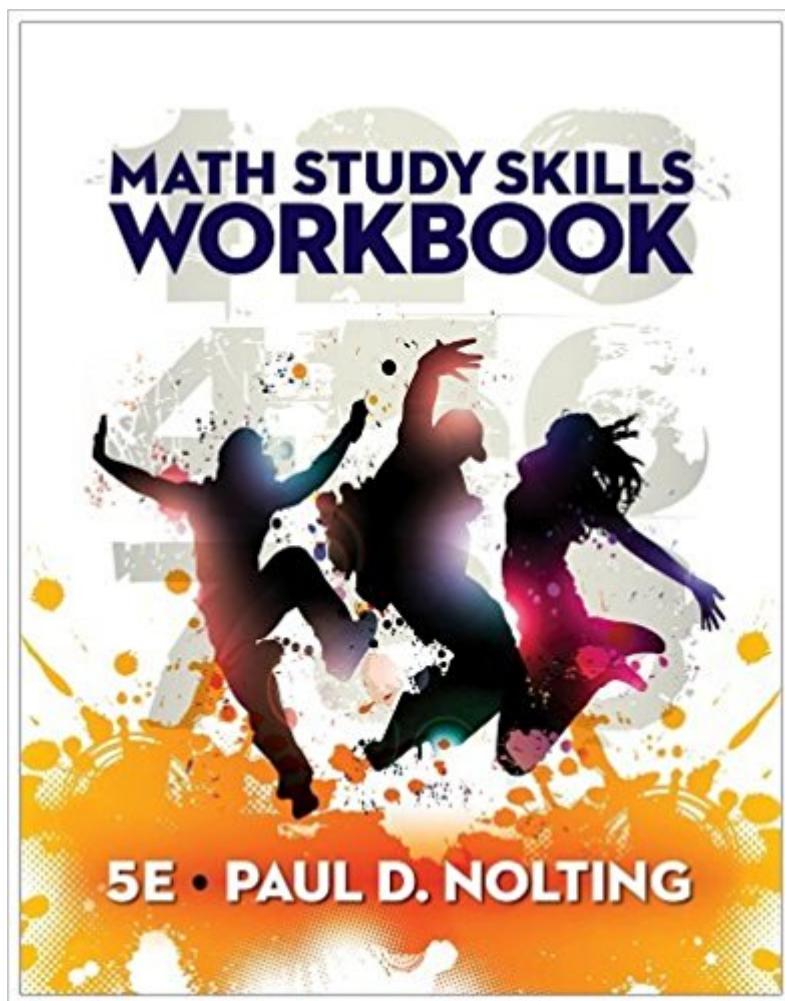


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# Math Study Skills Workbook



## Synopsis

This workbook helps learners identify their strengths, weaknesses, and personal learning styles--and then presents an easy-to-follow system to increase their success in mathematics. With helpful study tips and test-taking strategies, this workbook can help reduce "math anxiety" and help readers become more effective at studying and learning mathematics.

## Book Information

Paperback: 160 pages

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Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #62,842 in Books (See Top 100 in Books) #51 in Books > Science & Math > Mathematics > Popular & Elementary > Arithmetic #98 in Books > Science & Math > Mathematics > Study & Teaching #1070 in Books > Textbooks > Science & Mathematics > Mathematics

## Customer Reviews

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Understand your strengths &

weaknesses. Access to the Math Study Skills Survey helps you better understand your strengths and weaknesses when studying mathematics. We all need a little motivation. Units like Motivating Yourself to Learn Math, Setting and Achieving Goals, Developing a Study Schedule, and Taking Online and/or Computer-based Tests help you take advantage of modern technology, become a better independent learner, and motivates you to excel in mathematics. How do you learn math best? The Learning Modality Inventory survey helps you discover how you learn math best, and sets the stage for you to understand and improve upon your math study skills.

Alleviate your math anxiety! Dan's Take features appear at the beginning of every chapter to help frame your perspectives of different challenges you may face. Dan's Take puts the chapter's concepts into context from a student's perspective, and are designed to inspire you and alleviate your anxiety about math.

Paul Nolting is a national expert in assessing math learning problems-from study skills to learning disabilities-and developing effective learning strategies and testing accommodations. He has conducted national training grant workshops on math learning for the Association on Higher Education and Disabilities and conducted two PBS workshops on math study skills and learning styles. Dr. Nolting has conducted numerous national conference workshops on math learning for the National Developmental Education Association, the National Council of Educational Opportunity Association, and the American Mathematical Association of Two-Year Colleges. Dr. Nolting holds a Ph.D. in Education in Curriculum Instruction from the University of South Florida. His doctoral dissertation was "The Effects of Counseling and Study Skills Training on Mathematics Academic Achievement." A key speaker at numerous regional and national education conferences and conventions, Dr. Nolting has been widely acclaimed for his ability to communicate with faculty and students on the subject of improving math learning.

Not to bad

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